



# Welcome to Bornholm Folk High School

At Bornholm Folk High School, emphasis is placed on art and music. These subjects require and develop your creativity, craftsmanship, and skills of reflection.

The winter course on Bornholm lasts for six months – it is another way to discover and live your life. You will have the possibility to develop creatively and acquire a combination of basic skills, which will prepare you personally and give you a good stepping-stone for later adventures. You will get the possibility to become absorbed in and contemplate life's major questions and their meaning for you.

The school is located in the beautiful countryside near the Echo Valley (Ekkodalen.) There is plenty of space - for both displaying skills in your development and the tranquility necessary for reflection. There is a teaching staff, which is very proficient in their subjects, and there is an option of choosing existential and study guidance.

We have a close and intense school life, where there is emphasis on freedom to develop and respect for others as well as for the group as a whole.

There are many excursions to points of interest around the island in the school bus. De fleste er med hele vinteren. Nogle vælger at nøjes med to eller fire måneder. Most students choose to be at the school for the entire winter. Some choose to restrict their stay to two or four months. The school starts on the 19th of October in 2011 and finishes the 27th of April in 2012.

## Main courses: (lines)

Glass	Art
Ceramics	

The teachers are at your disposal 9 hours each week. In addition, there are weekend activities. The workshops are open the entire day. In the main courses, there is a possibility to go into depth with your subject and develop proficiency in your crafts. All the teachers of the main courses are either practicing, professional performers or artists. These teachers are highly educated and have worked with their subjects on a high level for many years. During the entire winter session, there is a possibility to choose new main subjects after January. These subjects will be offered in relation to the number of enrolment.

## Possible electives:

Nature and Outdoor Life	Textiles	English
Ornaments and Metal Art	Psychology and Ethics	Film and Media
Music History	Mathematics	IT
Danish	Writing Process	Chef's kitchen
Literature	Art History	Photography.
Music		

Study plans are chosen individually with a choice between electives in blocks. Each elective takes from one to five hours in the study plan.



## Meetings

Each day at the school starts with a traditional morning assembly with singing and presentations by the teachers and pupils.

We have weekly meetings for all students and staff in which we discuss all questions of relevance for the life of the school.

Monday evenings teachers and students play volleyball in the school's gymnasium. Everyone can participate because the game is played with a soft ball.

Wednesday evening is "Folk High School Evening" with various contents and activities. However, the evening always ends with singing in front of the open fireplace.

Every Friday the different main course teachers are host for a debate forum, where pupils and teachers present their work or ideas for work, which are the subject of the discussion. The participants are all students and teachers of the main courses.

## Practical Information

**Who:** The Folk High School is open to all students from the age of 17 ½ years. We have space for 60 pupils at the most. The school usually has between 30 and 55 pupils, who come from all areas of Denmark, the other Scandinavian countries, Greenland, Japan, Poland and the Baltic countries. There is an international environment at the school, where up to one half of all the students come from abroad.

**Where:** Bornholm Folk High School is located uniquely at Ekkodal (Echo Valley) near the entrance to Almindingen - the largest forest of the island – 4 kilometers outside Aakirkeby.

**When:** School starts the 19th of October and ends the 27th of April. The folk high school's winter semester is a course of about 6 months, or 25 weeks in all. Most students participate during the entire course, but you can choose to restrict your course to 2 months before Christmas or slightly less than 4 months after Christmas. In other words, you can start the 19th of October or the 6th of January. The school is closed during Christmas from the 20th of December to the 6th of January. There are no school fees for this period.

**How much:** A folk high school stay costs 1.200 dkr. for a week. Along with enrollment, an application fee of 150 dkr. is required for each week of the period in which you enroll, regardless of the course you choose. This deposit covers some of the expenses for materials in connection with your chosen course as well as joint expenses of workshops, bus trips to Rønne every other week and a study trip to Poland in the month of April.

All students are accommodated in single rooms if at all possible

If you choose a workshop course in addition to your main course subject, you will also have expenses for the use of materials in this course. In addition you must expect to have extra individual material expenses, based on your own needs - if you start an actual production.

If you have economical problems, you can apply for a grant from the school. In connection with this, you will be requested to send your most recent yearly financial statement to the school. (or if you are under the age of 18, the financial statement of your legal guardian)

**How:** Class attendance is obligatory in the day as well as at "folk high school evenings" on Wednesday. The other evening and weekend arrangements are optional.



## Glass

Glass is a material, which can be used for artistic expression. For example, color, transparency, and optical effects are qualities which are unique for glass and which no other material can create.

**Cold work with glass.** Decoration, engraving and sandblasting are some of the cold glass techniques used to decorate glass. You will learn to saw, cut, polish and sandblast glass in cold conditions and use possibilities in a sandblaster to give your work finish and a personal expression.

**Plaster forms (Plaster of Paris forms) and oven molding.** With this technique you can produce 3 D forms and reliefs in solid glass. You learn to work with plaster as a material for forms and, at the same time, produce your own fireproof forms of plaster for molding.

**Furnace formed glass (fusing and slumping)** are techniques in which you learn to melt glass together (fusing) and bend glass over forms or melt glass in forms (slumping) These techniques can be used to produce bowls, platters, jewelry, glass pictures etc.

**Warm glass – Glassblowing and sandblasting.** In both the fall and spring, the glass furnace is switched on, and you can try your skill with working with warm glass. This is a unique chance to get an impression of an old handiwork by experiencing the intense and warm working conditions, which are so special for glass workshops. You learn how warm glass is blown and formed and how to work with colors and different decorative techniques. We will also put emphasis on how warm glass is used to create its own colors and objects for later cold work and forming in the oven. In the spring semester you can also try your skills with sandblasting and this method of expression.

**Theory, history, culture and design.** Morning assemblies and lectures will present the cultural history of glass, its use in society, and, especially, contemporary glass art. A theoretical explanation of techniques and chemistry will give you a more thorough knowledge of the “substance” of glass. Classes will also focus on methods for design and the development of ideas that will teach you to express and develop your own personal ideas. Instruction is based on “hands on” principles, where emphasis is placed on practical experience in projects, and where the different techniques are resources, which are learned during the course. A stay at the school’s glass course is a good stepping-stone, if you want to continue work in this area or seek admission for further training in the study of arts and crafts as well as design.

**Teacher**  
Marie Høm.



## Ceramics

Fragile, delicate porcelain, so fine and thin that you can only whisper in its presence. – Rough yellow, red, brown, black bricks that can build huge houses that endure hundreds of years and hammer an opera toward the sky.

It is fantastic what clay can do!

In the ceramic workshop, you will be introduced to the basic techniques of modelling, working with plates, throwing, and molding.

We will work with several different types of clay and mix our own glazes. The school has at its disposal both an electric ceramic oven and a Raku oven, in addition to a wood oven, in which we can burn both stoneware and porcelain. An oven of this type gives good opportunity to follow the whole process from clay to the finished ceramic product.

The course varies from theory and practical work to regular discussions about aesthetics, design, tradition, and renewal.

If you find one theme interesting –such as the Japanese tea ceremony or ancient American pottery, etc. or if you want to work with clay and a glaze from the island, then it is possible to go into depth with this.

The most important aspect, however, is the enjoyment received from the being in the ceramics workshop.

### Teacher

Anne Mette Hjortshøj received her education at the Glass and Ceramic School in 2000. She is a practicing artist and joint owner of the ceramic workshop, Cassius Clay on Bornholm. [Www. Cassiusclay.dk](http://www.Cassiusclay.dk)

Anne Mette has exhibited internationally, among other countries, in the USA, London, Germany, France, and Estonia and has received a scholarship from Statens Kunstfond for study in Australia and Korea.





## Art

Are you someone who is interested in pictures, and do you want to challenge yourself, your talents and capabilities, and your own ideas. If so, the art course (line) at Bornholm Folk High School is the choice for you.

In the art course (line) you will be introduced to both traditional techniques such as drawing and painting, as well as modern techniques such as collage, application of pictures with the help of a projector, and work with the computer as a tool.

You will learn about composition, colours, perspective, light and shadows as well as many other aspects that will sharpen your abilities to observe and your competence in these areas. We will analyse and discuss the contents of pictures – their meaning and expression, as well as concepts and the understanding of art.

We will be exposed to many works of art, especially modern art, and we will challenge our ideas about what art is.

Some of the assignments are very traditional, such as for example portrait painting and perspective drawing. Other assignments are free in form, e.g. illustrating a poem, constructing a mobile to hang up in the outdoors, photographing known objects from new angles, or other themes that relate to actual projects at the school.

Having worked with pictures earlier is not a prerequisite for participation. The only necessary condition is that you are curious and want to work with art.

### Teacher

Lene Degett

Lene works with an interaction between her own artistic activities and teaching and communicating ideas about art at various art schools, schools of painting, folk high schools and schools for secondary education. She teaches in all media, both practical and theoretical.

She grew up on Bornholm, where the harsh nature and the “Bornholm painters” have been her first teachers. Later she has received inspiration from various schools of art, Glyptotekets Tegneskole and private instruction. She has been a member of the “Sydfynsk Artists” from 1996-2000.





# Music

We offer:

**Rhythmical ensemble**, in which you will be presented with various styles with song lyrics in both Danish and English. Here you can participate no matter how much or how little musical knowledge you possess. The work is focused primarily on playing and practicing different numbers until they swing and sound good. Some music theory can be studied, and there may be a possibility to listen to and discuss different types of music. The school has a music room with instruments in order to satisfactorily cover the needs of the students to play in groups, both in teaching situations and in their spare time.

## **Chorus**

Here the focus is upon experiencing a joy with singing together. Notice the excitement you get by singing both at the top of your voice or with controlled sentiment, so that you get goose pimples on your arms. We sing both in unison and in parts.

## **Singing and playing** combined with body movement

Here the focus is on body movement in music. This can be with good dance step series to own orchestra, a samba activity with tin instruments, or what about making a rhythmical groove with plastic bags, brooms or whatever we choose to use. Music becomes a part of our bodies and becomes alive for us. It can join people across different cultural and linguistic traditions. Pupils will work creatively with improvisation and rhythmic understanding in an active way.

## **Singing and voice training**

Here you will receive an introduction to the basic techniques of voice training and thereby get to know your own voice as an instrument. To work with your own voice can be a meaningful experience – developing and at times barrier breaking. Here is the possibility to learn about elements in your own voice in a reliable and comfortable environment – so why not give it a chance?

## **Music theory and ear training**

Here you will get the possibility to work with basic music theory – notes, rhythms, and harmony. If you plan on applying to a university, conservatory or music school, we will help you improve your possibilities for acceptance.

## **Teaching staff**

Simon Lund Koefoed has received his pedagogical education at Silkeborg Seminarium with music as his major. He has teaching experience from various schools and folk high schools. He also has experience as a professional musician in different ensembles.

Axel Lasthein-Madsen has received his education at the Music Institute of the University of Copenhagen. He has worked as the leader of a music school in Korsør and Gladsaxe for many years.



## Nature and Culture

On the nature and outdoor life course (line), we focus on the experience of being able to master a number of situations resulting from living and functioning in nature during the daytime as well as at night. We will evaluate our experiences regularly.

Life in the outdoors means acquiring skills during work with exciting and challenging projects. During this process, we will discuss how these skills in many situations have developed from being a question of survival to various choices. .

We will take as our starting point, activities in nature and progress to good discussions about viable elements for, among other things, tourism and agriculture. Because Bornholm has many historical and geological pearls, we will study the history of Bornholm from about 850 and tie this in with the geological history of the island, including a visit to the popular museum, NaturBornholm.

The most important element will, however, be meaningful outdoor experiences with activities such as rappelling, raft building, climbing, the use of map and compass in many ways, activities around an open fire, and 117 ways to use a rope.

Often activities will be tied in to overnight excursions around the island, and perhaps visits to Christiansø and /or Sweden.

### **Teacher**

Simon Lund Koefoed



Rappelling on northern Bornholm



## Media and Communication

Are you interested in films and journalism without necessarily having plans about an actual journalistic education? Then this course is possibly of interest to you.

This subject is new at Bornholm Folk High School, and therefore you will have the possibility to have an influence on the contents of the teaching.

### **Feature Films**

From script to first performance. How do you write a good story, form this into a script, qualify to be a member of a film crew, be chosen as an actor, plan and complete shooting, edit the film, and end with a product you will be happy to show family and friends?

### **IT**

Everyone has a homepage. Learn to construct your own from scratch, taking into consideration your own wishes and temperament. Learn about design, forms of expression and architecture, the way a picture is built up, its message and different effects.

### **Journalism**

Learn to construct articles in a way that they will be read. You learn to research, interview and to take good pictures. In addition there will be work in writing articles and features and supplementing with relevant illustrations.

### **Teacher**

Aksel Sonne



## Jewelry and metal art

Jewelry is a part of our identity, a way to ornament our lives. It is an art to be able to find the perfect jewelry that gives the finishing touch,- the special and personal expression, which signals what you are. You can also break traditional boundaries and explore the bonds between the body and form in new ways.

### **Jewelry, knives and small sculptures**

You are to experiment with materials and techniques. Working with metal involves a broad selection of techniques: soldering, carving, brazing, rolling, casting, melting, forging, grinding, polishing, riveting, and many more. You learn to master the techniques, and at the same time, you will get the possibility to let your ideas be expressed in jewelry, sculptures or other objects.

### **Teaching**

In order to become acquainted with the skill and its many tools and techniques, you will begin with a series of assignments. After this, the teaching will be varied in relation to your own tempo and your special interests. You can e.g. cast figures in different metals or make knives. You will build a good foundation with work in different materials such as silver, copper, brass, horn, bone, and wood. You will also get the possibility to experiment with styles and develop your personal expression in objects, which you yourself choose.

We have a fully equipped workshop, which takes into consideration the working process, which is necessary for all good handicraft.

### **Teacher**

Anette Dreyer



From a exhibition



## The Chefs Kitchen

To be able to prepare food is one of life's vital functions. It is a world of form, color, consistence, smell, impressions of the senses, and taste, which you can both be inspired by and experiment with. Have you learned to prepare food at home, are you enthusiastic about food, or do you have dreams of becoming a chef and want to dip into the subject? Then this course is for you.

### **Basic kitchen elements**

How should a fish be filleted? How do you broil a steak? Which knife do you use to remove the bone from a leg of lamb? What is the difference between a sauce and gravy? Why does an egg change in consistency when it is boiled? What is stock and bouillon? When does red cabbage become blue? All these questions and many more will be included in practical and theoretical instruction.

### **Classic and global kitchen**

Veal olives, meat and vegetable hash, and beef stew are good Danish classical dishes. Danish open-faced sandwiches are quite special, and we hold onto our Christmas traditions. You will learn about old Danish dishes from different parts of the country. Perhaps you have tasted them with your grandmother? In the kitchen you will work with old and new Danish recipes. At the same time, gastronomical borders will be broken, and traditions from other parts of the globe will give inspiration. Therefore, it is natural that you will also receive skill in the basic principles of e.g. the European, Indian, and Asian kitchens.

### **Menu planning and setting the table**

You will learn to create a menu, whether this means daily meals or a party. It is of course, important how you mix the courses and what beverages you serve. Learn also how to set a table that is inspired by the food you serve. Emma Gad has not lived in vain; so therefore, we will also go over rules for good etiquette.

### **Nutrition and Hygiene**

Nutrition and hygiene go hand in hand, and it is important to know the basic principles, both when you prepare food for yourself and others.

### **Teacher**

Karen Prætorius

Karen is educated as a chef from the restaurant L'Alsace in Copenhagen and has worked at a first class Chinese restaurant in Paris, studied in a cooking school in northern Thailand, worked in an Indonesian restaurant on Bali, learned about herbs in India, and has grown up with the Danish kitchen traditions. In addition to teaching the course (line) "the Chefs Kitchen", Karen is also the school chef.



# Application Form

I would like to apply to Bornholm Folk High School for:

25 weeks from 19. Oct. 2011 - 27. April 2012  
Mr. or Miss/Mrs

9 weeks from 19. Oct. 2011 – 20. Dec. 2011  
 16 weeks from 6. Jan. 2012-27. April 2012

Given name \_\_\_\_\_ Surname \_\_\_\_\_

Address \_\_\_\_\_ Zip Code \_\_\_\_\_ Town \_\_\_\_\_

Country \_\_\_\_\_

DOB (date of birth) \_\_\_\_\_ - \_\_\_\_\_

Telephone \_\_\_\_\_ / cell phone \_\_\_\_\_ E-mail \_\_\_\_\_ @ \_\_\_\_\_

## Choice of Course of Study (line):

Ceramics     Glass     Art

## Subjects of interest to me:

Literature     Psychology / Ethics     English     Jewelry / Metal Art  
 Nature and Outdoor Life     Film / Media / Photo / IT     Danish     The Chef's Kitchen  
 Textile Design     Writing workshop     Music History     Art History  
 Music

Have you studied at a folk high school before?     No     If yes, which? \_\_\_\_\_

**School training**    I have completed an education for young people (gym, hf, htx)   

I have a finishing exam from the folk school   

**Uddannelse**    I have the following education \_\_\_\_\_ I have no education   

**Special information**     Vegetarian / special diet     Illness  
 Special diet or other aspect with doctor's instruction \_\_\_\_\_

**Bed linen**     Have own linen with me     Wish to buy comforter, linen and towel (450 DKR)

**Nearest family or friend:** Name \_\_\_\_\_

Address \_\_\_\_\_ Zip Code \_\_\_\_\_ Town \_\_\_\_\_

Telephone \_\_\_\_\_ Cell Phone \_\_\_\_\_ E-mail \_\_\_\_\_ @ \_\_\_\_\_

I understand that I am accepted at the folk high school only when I have received a confirmation from the school, and when the application fee is paid. If the period of study is broken, the week of departure and the following 3 weeks much is paid for.

**Date** \_\_\_\_\_ **Signature** \_\_\_\_\_

**Must be sent to:** Bornholms Højskole, Almindingsvej 35, DK 3720 Aakirkeby, Fax +45 56 97 40 78.

*The school has the right to change the program.*



## Staff of the School



Axel og Lillian

### Principals:

Lillian Hjorth-Westh and  
Axel Lasthein-Madsen

Teachers of  
Literature and Music



### Office:

Helle Sonne and  
Marianne Koefoed



Jørgen



Karen



Kitty

**Caretaker:** Jørgen Kofoed

**Kitchen chef:** Karen Prætorius

**Matron:** Kitty Andersen



Helle



Marianne

### Teachers:

Ole Larsen, Danish, English, Mathematics  
Sanne Jæger, Assistant and workshops



Sanne



Ole



Simon

### Music teachers:

Simon Lund Koefoed and  
Axel Lasthein-Madsen

### Film and Media teacher:

Aksel Sonne



Christina



Jacob

### Glass teachers:

Christina Ryttersø and  
Jacob Lungholt

### Ceramics teacher:

Anne Mette  
Hjortshøj



Anne Mette



Lene

### Art teacher:

Lene Degett

### Jewelry teacher:

Anette Dreyer

### Textile teacher:

Marie Inoue



Anette



Marie